

SUSTAINABILITY EDUCATION FOR COMMUNITY GROUPS

FOR COMMUNITY GROUPS LOCATED WITHIN
THE CITY OF GOSNELLS, THE CITY OF ARMADALE
AND THE SHIRE OF SERPENTINE JARRAHDALE

2026 PROGRAM



www.switchyourthinking.com

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About Our Community Education & Support Program

Switch Your Thinking is a FREE sustainability education initiative proudly funded by the City of Gosnells, City of Armadale, and the Shire of Serpentine Jarrahdale. Since 2002, our mission has been to empower communities to reduce greenhouse gas emissions through education and practical action.

As part of our new business plan, which commenced in July 2025, we are pleased to launch our Community Engagement Program for 2026. This program offers education workshops in the areas of waste, energy, and water, designed to support sustainability awareness across the community, including social clubs, cultural groups, and other associations. The workshops aim to empower community members to take meaningful action in their everyday lives.

Switch Your Thinking accepts expressions of interest from community organisations/groups within the three local government areas that are interested in enhancing sustainable living practices among the members.

To express an interest in receiving any of the offerings outlined in the following pages, please complete our short online form by clicking this link: <http://bit.ly/47pMXj7>

Please note:

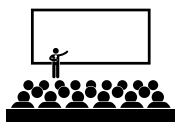
- Spaces are limited for 2026, so we encourage you to apply early to secure your preferred dates.
- Submit one form per presentation/workshop requested.
- Requests can be made by any office bearer of your association/group.
- A minimum of 30 attendees is required.

If you have any questions that require answers before submitting your application, please contact:


Jaya Nair - Switch Your Thinking Program Officer

Email: workshops@switchyourthinking.com

Phone: 9397 3209




The Art of Sustainable Living

 1 hour


During this engaging workshop, participants will discover practical strategies for sustainable living. They'll explore minimalism, circular habits, and the benefits of a mindful, self-sufficient lifestyle. Attendees will learn from real life experiences and leave inspired, equipped with actionable tools to reduce stress, build resilience, and create a more fulfilling, harmonious connection with the world around them.

What goes in which bin?

 1 hour


Attendees will learn how to correctly separate their household waste materials into different bins, such as recyclables, compost, and landfill waste. The session will explain how important it is to support recycling to conserve natural resources and reduce pollution. Through hands-on activities, a deeper understanding of how small actions – like sorting waste properly - can make a big difference for the environment.

Home Composting Methods

 1 hour

Composting helps reduce greenhouse gas emissions and prevents organic waste from being sent to landfill. Participants will learn simple methods for composting at home, practical ways to troubleshoot common issues, and how to use finished compost in their gardens. During the workshop, attendees will also learn why compost is a valuable, free resource for improving soil health and supporting productive gardens.

Solar Panels and Batteries for Beginners

 1 hour

Buying solar panels can be a confusing process. At this workshop attendees will find out what to look for in a reputable solar and battery installer and how to get a good quote. They will also learn how to pick a system that will work for their circumstances and how to make the most of the system after it is installed.




Energy Tips for Households

 1 hour


During this presentation, participants will learn how to reduce their energy bills and make the most of their solar panels through improved home energy efficiency. They will also be introduced to the Switch Your Thinking-branded home energy audit kit, which helps households identify and address the top four energy users: heating and cooling, appliances, hot water, and lighting. These kits are available to borrow free of charge from many local government libraries.

Building an Energy Efficient Home

 1.5 hours

This workshop is designed for people beginning the journey of building or renovating a home. It covers how to make your home energy-efficient from the very start, beginning with block selection. Participants will learn how to improve home comfort and reduce energy bills by incorporating passive solar design and other energy-efficient features, often at little or no additional cost.

Is an Electric Vehicle Right for You?

 1 hour

Electric vehicles are a hot topic right now. There is lots of conflicting information which might be making it hard for you to work out whether an EV would work for you. Participants joining this session will have all their EV questions answered.






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